

Top Food Destinations Around The World

Sai Karthik Reddy



Penang

First things first, you have to account for what you love and what you aren't the biggest fan of. If you dread getting a take out, heading to China might not be the best option to tend to your cravings. First on the list of one of the best food cities in the entire world is none other than Penang, Malaysia. Located on the coast of the Peninsular, this place is one of the most important states in all of Malaysia, because of how urbanized and economically developed it is, particularly due to it being a tourist hotspot.

Known as the food capital of Malaysia, Penang was voted the best street food in all of Asia by Time magazine in 2004. One of the best things about Penang for a potential world traveller is how cost-effective the food is, not to mention, it blends different styles of cuisine together effortlessly, including Thai, Chinese, Indian and Malay food.

At first, the jumble of flavours will taste like something you've tried before, but as you dig in, the uniqueness of the food comes to life. One the popular foods in Penang is *Rojak*, a blend of different fruits and shrimp paste and as weird a concoction as it sounds, somehow, it comes together to make one of the most delicious creation in the world. Penang is also known for its variety of soups made from any ingredient you can imagine and just as cheap as the rest of the options.

Mark Twain once said that the secret of life is to eat whatever you like. These days, people across the whole world are so passionate about food that they are willing to do outrageous things. Food channels have millions of viewers and the number is steadily increasing only going on to prove that people are loving food more and more!

One of the wildest things a person can do in the name of a good meal is travel to another city, state, country or even continent just to try the most authentic meal they can possibly devour, something that is a relatively popular option for foodies these days. If you decide you want to jump on a plane and head to the nearest culinary expedition, consider some of the following places that go beyond delicious pasta in Italy or the real deal of a taco in Mexico.





Buenos Aires

Next on the list of the food destinations in the world happens to be Buenos Aires, the capital of Argentina, known for its European ambiance, lively nightlife and of course it's food! Labelled the second largest metropolitan area in all of South America, Buenos Aires is home to the birthplace of tango music, a popular activity for locals and tourists alike.

Buenos Aires has always been home to great food, but before they revamped their menus, they were mostly thought of as a steak and wine destination without any pizzazz. Of course, if you like steak and wine there is no better option than Buenos Aires, but the street food also deserves some credit. *Choripan* sandwiches are a popular street food option in Buenos Aires and have been called the best street food in the entire world. Comprised of *chorizo* and some kind of bread, the sandwiches are an Argentinian delicacy. Buenos Aires also offers great food at a reasonable price.

Tokyo

You can't be a foodie unless you've developed an obsession for *sushi*. Japan's capital and the largest city in the whole country is home to the *Tsukiji* fish market, one of the best



places in the world to get some true, fresh *sushi*. *Nigiri sushi* was created in Japan as a sort of fast food and has become one of the most loved foods in the entire city. It comprises of a piece of seafood sitting on top of rice and the time it takes to make is a lot less than a typical *sushi* roll, so it's loved by the foodies just as much as the *sushi* chefs.

However, Japan isn't only known for its *sushi*. In fact *Chankonabe*, which is soup-like, made out of a hotpot that is known for being the main meal of choice for sumo wrestlers, is another popular food option for Tokyo dwellers. The meal is stacked high in protein with different fish and chicken along with an assortment of delicious vegetables.

New York

New York delivers something no other city or state has yet touched and that's the techniques and trends that are so weird, they actually work. Live octopus, grasshopper tacos, and chicken gizzards available in a mall are only a few of the weird options this city has to offer, but they don't stop here. NYC is one of the best food destinations in the world simply for how iconic the meals become. Cheesecake is one of the most loved desserts and found its roots in New York City, not to mention chicken and waffles and of course the *pastrami* and corned beef sandwiches that are all delicacies available at any block in New York.

Whether you want to travel a couple hundred miles or spend the night on a plane, any of these cities are going to result in you gaining a dozen pounds, but for a good price! Food will always be one of the world's best and most understood art forms and cities that create these masterpieces will surely get the credit they deserve time and again.

